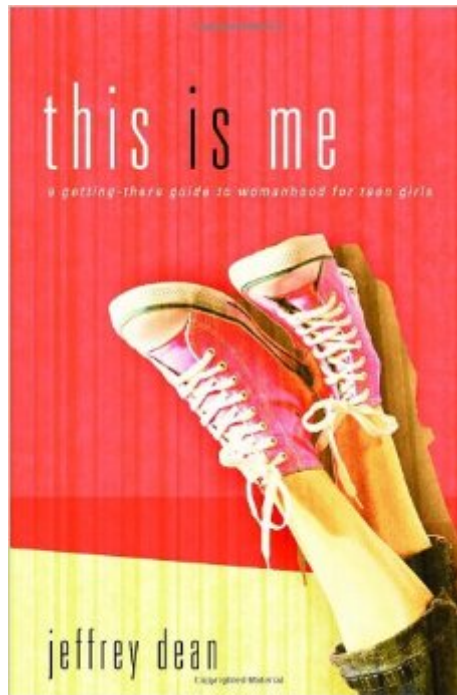


The book was found

# This Is Me: A Teen Girl's Guide To Becoming The Real You



## Synopsis

You want to show the world the real you. But sometimes you're not sure who the real you really is. (Here's help.) Being a teen girl isn't easy. The pressures, the frustrations, the fears. Some days you just want to disappear. But a voice inside keeps whispering that you were created for an amazing life. And you want it. You long to become the kind of beautiful young woman who can confidently tell the world "This is me." So where do you start? Maybe with a helpful handbook to the truth about you. *This Is Me: A Teen Girl's Guide to Becoming the Real You* offers practical advice for teens who want to experience everything God has for their future. Teen authority and counselor Jeffrey Dean has spoken and listened to thousands of students just like you. In his new book, he helps you figure out where you are now, then shows you from the Bible how to get where you want to go. *This Is Me* is packed with street-level reality, surprising humor, hard questions and life-tested answers. For your personal journey from here to extraordinary, *This Is Me* is the travel companion every girl needs. Check out the companion book: *Watch This: A getting-there guide to manhood for teen boys.*

## Book Information

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Average Customer Review: 3.8 out of 5 stars [See all reviews](#) (4 customer reviews)

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Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

I don't remember there being so much pressure to conform when I was young. Today's girls are bombarded with false ideas urging them to concentrate on shallow concepts like the right clothes,

the right hairstyles and make-up, and the right behavior. Most of this unwelcome advice is wrong. Little attention is paid to being an individual, with personal tastes and standards. Teens today are told sex is okay because everyone is doing it. No one ever mentions the danger of sexually transmitted diseases or the difficulty of raising a child when the mother is still a child, herself. Books, movies, and television sitcoms provide a perverted idea of what it means to be a woman. Celebrities flaunt their lack of morals, on television talk-shows. With all of this pressure, it's no wonder girls make bad decisions that can damage them forever. Jeffrey Dean's book, *This is Me*, has some very good advice, backed up by scripture. He also uses letters and quotes from real girls to whom he has talked. He gives honest, forthright answers, and no topic is off limits. Even though he uses scripture, there's no preaching, no judging. Just dealing with tough problems in a clear manner that will appeal to all teenage girls. I am giving a copy to each of my young nieces. *This is Me* is a Christian based guidebook for becoming the woman God wants you to be. Strongly recommended

Excellent devotional for teenage girls!

In pretty great condition was a little dirty but readable and a good read!

Hi im amy and i am a christian and i love an follow god and all but this is just a bit to much.-qoute"become the women god made you" and-qoute"satian is working his hardest to make sure you dont feel good about your self"if you ask me its just too much and as i am a teenager i think we should not have to hear about what religion we should choose to be in that book it tells you exactly how CHRISTIAN girls should act and that is outragous because what if a jewish girl was having a chrisis and was sagueted by a friend to read this book then she starts to read becomes even more confsed because it is directed towards christians and she gets super upset. I pity the person who wrote this who thinks that all girlsshould be as hitler thought the world should be like it is unfair to people who arent christians. i would love to have a review by anyone who has read my reveiw and the book or even if you havent potsed up if you agree or disagree with what i have to say.

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